

Prevention and Early Intervention for Mental Health Problems in Youth Symposium

Theme: Sustainable Prevention and Early Intervention
Programme in Enhancing the Mental Wellbeing of Youth

 **26 June 2019 (8:00 am - 5:00 pm)**  **TJ Danaraj Auditorium
Faculty of Medicine UM**

The Prevention and Early Intervention for Mental Health Problems in Youth Symposium is an all-day event presented jointly by The Centre for Population Health and Asia Pacific Academic Consortium for Public Health Kuala Lumpur.

Provide a platform for stakeholders to present their work on mental health issues and interventions

Equip participants with the skills and knowledge to promote mental well-being for youth



Fees: RM 50 only!

KINDLY PAY via Debit/Credit Card :


E-pay@UM

**Participation Fee > Faculty of
Medicine Mental Health Symposium
CePH**

Please RSVP by 14th June 2019

**Any inquiries and RSVP
please contact:**

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In collaboration with:



Sponsored by: APACPH-KL

Prevention and Early Intervention for Mental Health Problems in Youth Symposium

26 June 2019 (Wednesday), T.J. Danaraj Auditorium, UM

Time	Event
7:30 am - 8:45 am	Participants' registration
9:00 am - 9:05 am	Du'a recital
9:05 am - 9:15 am	Welcoming speech by Professor Dr. Maznah Dahlui
9:15 am - 9:25 am	Opening speech by YB Michelle Ng Mei Sze
9:25 am - 9:35 am	'You Are Worthy' - A Sketch by Team GoodVibes
9:35 am - 10:05 am	Plenary Session: Help-seeking and Service Utilisation for Mental Health Problems among Youth Speaker: Dr Roslaili Khairudin, Medical Officer of Family Health Development Division, Ministry of Health Malaysia (MoH)
10:05 am - 10:35 am	Tea break
10:35 am - 12:00 am	Forum: Prevention and Early Intervention in Youth Mental Health Moderator : Associate Professor Dr Rusdi b. Abdul Rashid, Director, University of Malaya Centre of Addiction Sciences (UMCAS)
	Session 1: Dr Norashikin bt. Ibrahim, Public Health Specialist, Ministry of Health Malaysia (MoH)
	Session 2: Mdm Anita bt. Abu Bakar, President, Mental Illness Awareness and Support Association (MIASA)
	Session 3: Associate Professor Dr Aili Hanim bt. Hashim, Child & Adolescent Psychiatrist, University of Malaya Medical Centre (UMMC)
	Session 4: Dr Haslina bt. Muhamad, Psychologist, University of Malaya (UM)
12:00 pm - 1.00 pm	Peer support and Youths' Mental Health Chairperson: Dr. Hazreen Abdul Majid (PhD, RD), Associate Professor
	Session 1: Peer based programmes in promoting mental wellbeing among youths in lower socioeconomic urban communities Speaker 1: Dr Kishwen Kanna Yoga Ratnam, DrPH Candidate
	Session 2: Peer based facilitation and whole organisation approach Speaker 2: Dr Muhd Zufadli Ismail, DrPH Candidate Speaker 3: Dr Thava Viknaraj Sivabalan, DrPH Candidate
1.00 pm - 2:00 pm	Lunch Break
2:00 pm - 5:00 pm	Managing Mental Health Problems Speaker: Associate Professor Dr Ng Chong Guan, Vice President, Malaysian Mental Health Association (MMHA)
5:00 pm	Closing

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